Please read this carefully

On the following pages you will find some statements that have been made by people who have Crohn’s.

Please read each statement carefully.

Please follow carefully the instructions for each section and choose the response that best applies to you today

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Quality of Life

Please read each statement carefully and put a tick ☑ next to the response that applies best to you today.

1. I avoid eating large meals
   - True
   - Not True

2. I worry about where the nearest toilet is
   - True
   - Not True

3. I need a lot of time to do things in the morning
   - True
   - Not True

4. I find it hard to manage
   - True
   - Not True

5. There is not much fun in my life
   - True
   - Not True

6. I have lost interest in sex
   - True
   - Not True

7. I often feel lonely
   - True
   - Not True

8. It affects my image of myself
   - True
   - Not True