L-QoL

PLEASE READ THIS CAREFULLY

On the following pages you will find some statements that have been made by people with systemic lupus erythematosus.

We would like you to tick ‘True’ if the statement applies to you and tick ‘Not True’ if it does not.

Please choose the response that applies best to you

AT THE MOMENT

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Please read each statement carefully and decide whether it applies to you *at the moment*

1. I just feel tired all the time  
   True  □  Not True □

2. I worry that I hold others back  
   True  □  Not True □

3. I feel older than my years  
   True  □  Not True □

4. I can’t enjoy myself when I go out  
   True  □  Not True □

5. My life revolves around my medication  
   True  □  Not True □

6. I find it difficult to have a good wash  
   True  □  Not True □

7. Life is passing me by  
   True  □  Not True □

8. It takes a lot of effort for me to do simple tasks  
   True  □  Not True □

9. I dread the future  
   True  □  Not True □